
EASTERN ALPS

INFORMATION PACK



What's Included?



- 11 nights of accommodation in hotels and mountain huts
- Transport throughout your trip including airport transfers
- Coaching and guiding with our fully qualified Mountain Instructors and Guides
- Itineraries planned around your group goals and conditions
- 15% off Cotswold Outdoor Voucher on booking
- A chance to explore the absolute best of the Eastern Alps!

Price

Eastern Alps Special	£3,750pp
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Offers + Discounts

Moran Mountain Regular(attended a course or a trip with us before)	5% off total course price
Under 25's Discount	5% off total course price

About

Join us on an unforgettable summer road trip! Combine legendary rock climbs in the Dolomites with the traverse of 3905m Ortler and the magnificent Biancograta on 4049m Piz Bernina in a 12 day road trip. The majestic Dolomites are perhaps the most beautiful of all the alpine ranges and offer exciting rock routes to the world-famous summits of the Cima Grande and Marmolada. The Dolomites link easily to the Ortler and Bernina ranges which have the highest glacial peaks in the Eastern Alps. All these ranges can be reached within a three-hour drive from Bergamo airport near Milan.

This adventure holiday offers varied challenges for all mountaineers with some previous rock and snow climbing experience. Skills of roped scrambling, multi-pitch rock climbing and classic Alpine snow ridge traverses will be developed with coaching in rope-work, belaying and movement skills on the routes.

Objectives

Dolomites:

- South Face of the Cima Grande (2999m) (AD, III+), highest of the iconic Tre Cima towers
- West Ridge of the Marmolada (3343m) (PD+, III) (via ferrata, snow ridge and glacier)
- Classic multi-pitch rock routes on the Cinque Torri

Ortler Alps:

- Ortler (3905m): traverse by the Hintergrat (PD+) and Payer routes; mixed ridge, summit glacier and rocky descent

Bernina Alps:

- Piz Bernina: ascent via the sinuous Biancograta snow ridge (AD) followed by traverse of 3905m Piz Palu if weather and energies allow

The itinerary allows for gradual acclimatisation and fitness gain towards the culminating ascent of Piz Bernina. The climbs are linked by road journeys of 2 hours over scenic high passes.

Prior Experience & Fitness

This trip is best suited to those who have some experience in a combination of grade 2 to 3 scrambling together with single-pitch outdoor rock climbing; Scottish winter mountaineering at grade II standard and/or previous Alpine experience to grade PD+; coupled with a good level of mountain walking fitness.

The itinerary is flexible to accommodate different technical levels and offers easier contingencies in unfavourable weather (eg: the Piz Bernina can be ascended by an easier PD+ route from Diavolezza). The holiday can be enjoyed equally by climbers visiting the Alps for the first time or for experienced mountaineers who want to climb peaks in new regions of the Alps.

It is important that you notify us of any medical issues, no matter how small, prior to arrival.

Travel

Your return flight should be booked to Milan or Bergamo airport. You will be collected from the airport 11am or before on the first day of your trip. Please ensure your flight arrives before 11am, return flights can be flexible as we will ensure you are dropped off the evening before your flight (itinerary dependent).

Your guide will be the sole driver of a hire car or their own personal vehicle throughout the trip. All transport costs are included in the price including any cable cars, trains & airport transfers.

Note: Please advise us of your suggested travel schedule before you confirm and book to enable us to coordinate pick up timings with other team members.

There is a risk of your hold baggage being lost on the outward flights, so please take mountain boots and essential mountain clothing on to the flight with you as hand baggage

Accommodation

You will stay in a mixture of B&B's, Hotels and Mountain Huts. All accommodation is included in the cost, including half board food when staying in Mountain Huts.

We can offer a single room option for the nights in valley hotels at a supplement of £300. Please let us know on booking if you require a single. Nights in mountain huts are in shared dormitories.

Your Guides

Our team of instructors and guides are committed to sharing their passion with you, offering extensive knowledge of the area and helping you achieve your goals. All of our instructors are either Aspirant or fully-qualified British Mountain Guides.

Itinerary

We will send you a final briefing document 2 weeks ahead of your trip which will include the following:

- ★ Team list
- ★ Guide's contact details
- ★ Travel arrangements & pick up location
- ★ Suggested itinerary

Coaching and guiding is built into the itinerary. Your instructors and guides will adapt this to suit weather conditions and each individual in the group. You will be given a further details on arrival, however we have provided an example itinerary below based on previous trips, this is subject to change due to conditions or group goals.

Day 1

Meet at agreed pick up location (Milan or Bergamo airport) take toll road to Albergo Miralago

Day 2

Ascent of normal route on Cima Grande (2999m), descend to a valley hotel

Day 3

Drive over to Switzerland. Take a Horse and trap ride to Hotel Roseg & walk to Tschierva Hut (2584m)

Day 4

Ascent of 4049m Piz Bernina by Biancograt (AD) and descend by Spallagrat to Marco e Rosa Hut (3610m)

Day 5

Traverse of 3905m Piz Palu and descend to valley Hotel

Day 6

Drive to Ortler Alps, take a chairlift and walk to Hintergrathutte

Day 7

Traverse of 3905m Ortler by Hintergrat (PD+) and Payer route to Payer Hut (3029m)

Day 8

Drive to Passo Fedaia on north flank of Marmolada, take gondola to Rifugio Plan dei Fiacconi (2600m)

Day 9

Ascend Marmolada, Punta Penia (3343m), highest peak in Dolomites by West Ridge (via ferrata, then mixed ridge); descend glacier route to refuge, take cablecar back to Passo Fedaia and stay in valley hotel

Day 10

Chairlift or short walk to Rifugio Scoiattoli (2255m) under Cinque Torri. Rock climbing route on Cinque Torri. Stay at Rifugio Averau,

Day 11

Return to airports hotel (possible rock climbing in the morning).

Day 12

Flights Home

Reading Material

- The Dolomites Rock Climbs and Via Ferrata (James Rushforth) (Rockfax)
- Eastern Alps classic routes on the highest peaks (Dieter Siebert) (Diadem)
- The 4000m Peaks of the Alps (Martin Moran) (Alpine Club 2012)

Cancellations

A non-refundable deposit is required on booking of any course or trip with Moran Mountain.

The remaining balance must be paid 6 weeks (42 days) before the start date of the course. If not received by then we are not bound to hold your booking.

We are unable to refund any monies in the event of cancellations made less than 6 weeks (42 days) before the start date of your course or trip.

Your insurance cover should include cancellation cover and we can provide any supporting information or documentation you require to make a claim.

*** Please note that we require a minimum of 2 people to book this trip before we can go ahead. In the event that we do not meet this criteria, you will be informed at least 4 weeks (28 days) before holiday commencement.

In the event of cancellation of any booking by Moran Mountain, customers will be offered one of the following:

- Full refund of the fee paid and deposit; or
- Transfer to any other course/date within the 6 months if available.

Please read our Terms and Conditions before booking.

Price includes

- ★ Coaching & Guiding throughout from our qualified Mountain Guides and Instructors
- ★ Car/minibus transport from Zurich incl airport transfers
- ★ Valley Hotels/B&B'S (breakfast included)
- ★ Half-board accommodation in Mountain Huts
- ★ Packed lunch food for mountain days
- ★ 15% discount on equipment purchases from Cotswold Outdoor

****Not included in price****

- *Evening meals in valley*
- *Lunches on travel days*
- *Personal Insurance*
- *Gratuities*
- *Drinks (alcoholic or soft)*
- *Cable Cars/Mountain Railways/Funiculars*

Insurance

You must be fully insured for the activity you are embarking upon. Remember to include the travel days in the period of cover. Cover should include:

- ★ Cancellation/Curtailment
- ★ Travel Delay/Missed Departure
- ★ Medical Expenses and Repatriation
- ★ Mountain Rescue
- ★ Personal Accident
- ★ Baggage
- ★ Personal Liability
- ★ Money/Documents

BMC

For UK residents the BMC offers competitive cover, you can apply on-line for the Alpine & Ski level of cover.

Austrian Alpine Club

Membership provides automatic rescue/medical/repatriation/legal insurance cover, but does not cover losses on cancellation/curtailment of the holiday or baggage. AAC membership also gives discounts on the cost of hut stays

Mountain Hut Discounts

In order to receive discounts on mountain hut accommodation you need a membership of the Austrian Alpine Club. The membership cards must be presented at hut.

You must bring their insurance certificates with you

If you have any questions, get in touch: info@moran-mountain.co.uk.

We look forward to seeing you in the Alps!